



## Shintaido Northeast Kangeiko 2014

Shintaido Farm, Deerfield, MA  
February 1-2

### *Resilience*

Resilience is about how we, an organization or ecosystem, respond after setbacks or trauma. Why do some bounce right back, while others are defeated? Can we develop skills to help us manage more effectively?

*Share the dialogue on Resilience by posting to the SNE Facebook page*

The weekend will include 3 meals, 1 overnight, and 3 keiko taught by the finest sensei in the Northeast, including Master Instructor Michael Thompson

### **Prices**

Regular kangeiko fee	\$155
SoA member fee	\$140
Senior Instructor fee	\$ 90
Lodging	\$ 30
Non-participant or child	\$ 50

### **For more information:**

Contact Matt Shorten, Manager at 978-503-8225 or [mattshorten@yahoo.com](mailto:mattshorten@yahoo.com)