

Shintaido of America

**2010 National Gasshuku**

**May 28 - 31, 2010**



kagayaki  
to shine

**The Shintaido Farm &  
Woolman Hill Retreat Center**

## *kagayaki* " to shine "

Our Shintaido body of knowledge, developed over many years, is a deep and rich practice. Exploring the subtleties of life's rhythms through a physical practice is both rewarding and demanding. We use the process of our practice to polish our inner perceptions -- condensing to nothingness, expanding to infinity, exploring beyond the beyond. The process slowly but surely reveals the natural radiance of our beings. There comes a point when that light is just there, shining. What have we done and how have we done it?

As the season moves toward the longest day -- and maximum light -- of the year, we come together as a national community for the first time in nine years, at the Shintaido Farm in Deerfield, Massachusetts. Many have traveled this way, sharing the journey that we call Shintaido, transmitting their experience through their bodies, minds, and spirits. Please join us at this gasshuku as we keep the transmission flowing, connecting those in our past with those in our present and beyond to those in our future!



## THE WEEKEND

### Keiko Location & Housing

Keiko will be held at Shintaido Farm in the light-filled 40' x 64' dojo and on the spacious outdoor field, which is surrounded by woods and organic farmland. Semi-private accommodations and meals will be provided at the rustic and peaceful facilities of Woolman Hill Retreat Center with a few housing spaces available at Shintaido Farm and the environs. Participants are also free to book their own accommodations at local hotels (see attached list).

### Instruction

**Shin Aoki**, Director of Instruction

Shin Aoki is a Senior Instructor in Shintaido. He holds Yon-dan in both Shintaido Karate and Shintaido Bojutsu and is Chair of Shintaido of America's National Technical Council. He lives and works in California.

We are fortunate to have many of our senior level Shintaido of America Instructors teaching at our national gasshuku.

### CONTACTS

Manager	<b>Margaret Guay</b>	margaretguay@gmail.com	413-320-2982
Transportation	<b>Nancy Billias</b>	nbillias@sjc.edu	413-348-4329
Housing	<b>Ann Sievers</b>	ahsievers@yahoo.com	617-320-0566

## SCHEDULE

<b>Friday, May 28</b>	<b>Advanced Workshop</b> Two keiko
<b>Friday, May 28</b>	<b>General Gasshuku</b> After 5 p.m. Registration and dinner at Woolman Hill
<b>Saturday, May 29</b>	8:30 a.m. Opening Ceremony Followed by two keiko
<b>Sunday, May 30</b>	Two keiko and exams offered Evening Entertainment
<b>Monday, May 31</b>	Morning keiko and Closing Ceremony

## PRICING

<b>General Gasshuku Fee</b>	<b>\$385</b>
5 keiko, meals, housing at Woolman Hill/Shintaido Farm Fri., Sat., and Sun.	
SoA members	-\$50
Early Registration (by May 3)	-\$25
If you secure your own housing (e.g. at a local hotel)	-\$75
<b>Child or non-participant</b>	<b>\$190</b>
<b>Advanced Workshop</b>	<b>\$65</b>
Open to Shintaido graduates, karate/ bojutsu shodan and above 2 keiko and lunch Thursday housing not included	

Please check with your regional Shintaido group regarding the availability of scholarships.



## REGISTRATION FORM

NAME .....

ADDRESS.....

.....

PHONE.....

EMAIL.....

Will you be taking an exam? Yes No

Which exam?.....

Will you attend the Advanced Workshop? Yes No

Membership in SoA is required to take an exam.

Payment for exams and SOA membership may be made at the gasshuku.

☐ I will secure my own housing

Please make checks payable to **Shintaido Northeast**

Send registration to:

Stephen Billias  
595B River Road  
Deerfield, MA 01342

\*\*\* You may register online [here](http://www.sne.shintaido.org/National2010_registration.html) \*\*\*  
( [www.sne.shintaido.org/National2010\\_registration.html](http://www.sne.shintaido.org/National2010_registration.html) )

### PAYMENT ENCLOSED:

Gasshuku Fee	\$.....
Advanced Workshop	\$.....

TOTAL: .....