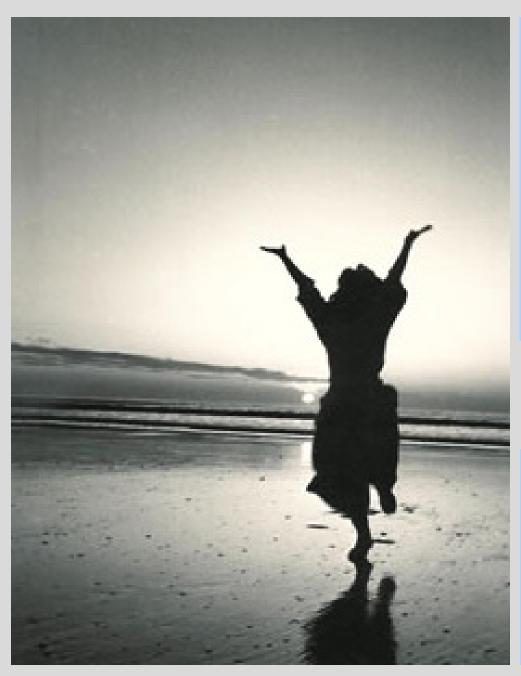
## Shintaido of America 2010 National Gasshuku May 28 - 31, 2010



kagayaki to shine

The Shintaido Farm & Woolman Hill Retreat Center

## kagayaki " to shine "

Our Shintaido body of knowledge, developed over many years, is a deep and rich practice. Exploring the subtleties of life's rhythms through a physical practice is both rewarding and demanding. We use the process of our practice to polish our inner perceptions -- condensing to nothingness, expanding to infinity, exploring beyond the beyond. The process slowly but surely reveals the natural radiance of our beings. There comes a point when that light is just there, shining. What have we done and how have we done it?

As the season moves toward the longest day -- and maximum light -- of the year, we come together as a national community for the first time in nine years, at the Shintaido Farm in Deerfield, Massachusetts. Many have traveled this way, sharing the journey that we call Shintaido, transmitting their experience through their bodies, minds, and spirits. Please join us at this gasshuku as we keep the transmission flowing, connecting those in our past with those in our present and beyond to those in our future!



## **Keiko Location & Housing**

Instruction

Keiko will be held at Shintaido Farm in the light-filled 40′ x 64′ dojo and on the spacious outdoor field, which is surrounded by woods and organic farmland. Semi-private accommodations and meals will be provided at the rustic and peaceful facilities of Woolman Hill Retreat Center with a few housing spaces available at Shintaido Farm and the environs. Participants are also free to book their own accommodations at local hotels (see attached list).

Shin Aoki, Director of Instruction

Shin Aoki is a Senior Instructor in Shintaido. He holds Yon-dan in both Shintaido Karate and Shintaido Bojutsu and is Chair of Shintaido of America's National Technical Council. He lives and works in California.

We are fortunate to have many of our senior level Shintaido of America Instructors teaching at our national gasshuku.

## **CONTACTS**

Manager Margaret Guay margaretguay@gmail.com 413-320-2982
Transportation Nancy Billias nbillias@sjc.edu 413-348-4329
Housing Ann Sievers ahsievers@yahoo.com 617-320-0566

www.farm.shintaido.org

www.woolmanhill.org

SCHEDULE	
Friday, May 28	<b>Advanced Workshop</b> Two keiko
Friday, May 28	General Gasshuku After 5 p.m. Registration and dinner at Woolman Hill
Saturday, May 29	8:30 a.m. Opening Ceremony Followed by two keiko
Sunday, May 30	Two keiko and exams offered Evening Entertainment
Monday, May 31	Morning keiko and Closing Ceremony

PRICING	
General Gasshuku Fee	\$385
5 keiko, meals, housing at	
Woolman Hill/Shintaido Farm	
Fri., Sat., and Sun.	
SoA members	-\$50
Early Registration (by May 3)	-\$25
If you secure your own	
housing (e.g. at a local hotel)	-\$75
Child or non-participant	<b>\$190</b>
Advanced Workshop	\$65
Open to Shintaido graduates,	
karate/ bojutsu shodan and above	
2 keiko and lunch	
Thursday housing not included	

Please check with your regional Shintaido group regarding the availability of scholarships.



REGISTRATION FORM				
	Please make checks payable to Shintaido	Northeast		
NAME	Send registration to:			
PHONE	Stephen Billias 595B River Road Deerfield, MA 01342			
EMAIL	*** You may register online <a href="here">here</a> *** ( www.sne.shintaido.org/National2010_registration.html )			
Will you be taking an exam? Yes No Which exam?	PAYMENT EN	NCLOSED:		
Will you attend the Advanced Workshop? Yes No  Membership in SoA is required to take an exam.	Gasshuku Fee Advanced Workshop	\$ \$		
Payment for exams and SOA membership may be made at the gasshuku.  I will secure my own housing	TOTA	AL:		